

**MIND 2.** It is the human mind that runs our world; mind makes the executive decisions that shape our lives, our societies. The ordinary mind, with its lower consciousness, is responsible for ideologies, politics, authority and questions of power and war. **T**he subtle mind, with its higher consciousness, governs our capacity for forgiveness, compassion, understanding, love and peace. For the progress and survival of the human race, each individual's mind must shift toward its higher consciousness. **T**his shift is every human being's responsibility.

*The Indian orator and spiritual teacher Krishnamurti advocated a psychological revolution involving our minds, to bring about positive change in human society.*

*But this change cannot be brought about by religions, civic authority or force; it comes from within and is aided by philosophy, spirituality and meditation.*

*World peace is easily achieved; it just needs world leaders to change their minds - raise their consciousness - and stop using the military to solve conflicts.*

*(If the military were not used in warfare, would the investment in it be wasted? No. The services can be disarmed and used for infrastructure building, disaster relief etc.)*

*I deem this the most important, the most profound utterance from a politician, and my favourite quote ever (by, when he was a US presidential candidate, Barak Obama):*

*"I don't want to just end the war, I want to end the mindset that got us into war in the first place."*